

Center for Families Programs for Infants

Christine Doucet, CMI, a lactation counselor and infant massage instructor with a background as a nurse-midwife, leads several programs just for infants and their parents/caregivers. For more information on any of the following programs, you can contact Christine at 617-349-3003 or e-mail her at cdoucet@cambridgema.gov

BABYTIME: Caring, Playing, Nurturing (parents/caregivers with infants 0-15 months)

Mondays 12:30 - 2:30 pm—Center for Families, 70 Rindge Ave.

*Tuesdays, 12:30 - 2:30 pm- Margaret Fuller Neighborhood House, 71 Cherry St. *Please choose only one group to attend per week*

Informal groups for parents or caregivers with infants. They are an opportunity to connect with other adults, ask questions, and relax while babies explore the playroom. No pre-registration required; come or leave anytime. Christine will lead a short sing-a-long.

Baby Massage and Infant Development Series (parents with infants 11 weeks - pre-crawling)

Wednesday series: 10/23, 10/30, 11/6, 11/13, 11/20 12:30-1:45pm, Center for Families, 70 Rindge Ave, behind Peabody School, door 10

Thursday series: 9/12, 9/19, 9/26, 10/3, 10/17 12:30-1:45pm, Margaret Fuller Neighborhood House, 71 Cherry Street

Massaging your baby gives you a wonderful opportunity to connect with your child. Massage helps with digestion, sleep, and baby's health. Topics of discussions: infant sleep, infant motor and social development, and childproofing your home. This is a fun and relaxed group setting.

To register contact Christine at 617-349-3003 or cdoucet@cambridgema.gov.